Young Learning Styles

by Dr. Steven Wilson

Is your young learner the classic “wiggle worm?” Perhaps you’ve noticed him or her responding to learning something new by touching and feeling their way through their learning journey? Or would they rather you carefully explain the new task to them? What if your young scholar doesn’t want to talk to anyone or pick up a tool or learning aid of any kind? But, what happens when you offer a book? Does he or she begin working on the new task or subject quickly?

Each human being experiences the world in unique ways. This often translates into how we learn. These tendencies manifest themselves in even the youngest of learners. Many learners, especially in the beginning of their academic journey, will tend to gravitate toward one of the four most common learning styles – visual, auditory, kinesthetic and reading/writing.

As kids, and even young adults, tend to develop many will learn to use different aspects of the learning styles. But, throughout their academic career, most people still tend to strongly favor one over the others. CoStars by The Children’s Home see the different learning styles from our youngest learners every day and knows how to harness them into a path for kindergarten success.

**Visual Learners**

This preschooler tends to excel at observing things and pointing them out. Does your child notice things like road signs, enjoy drawing or consistently remember certain characteristics of their favorite picture? This student is likely a visual, or what’s also sometimes called a “spatial” learner.

When teaching your child something new, or helping them through homework, make free use of pictures and diagrams. Allow more time for your child to process the information as they are constantly soaking up the visual aspects of the material.
Auditory Learners
This is the learner who may not like taking notes or reading, but will happily engage in conversation. They may repeat information back to you and often describe things in great detail.
If you have an auditory learner, ask them to explain the information you’ve just shared with them. Actively ask questions and let them formulate their answers. Educational and informational videos often work well.
As they grow older, they may not desire to take notes in class or want to read a book, but they are among the best active listeners in a classroom setting.

Kinesthetic Learners
These are the hands-on learners who’d much rather touch, feel and build their way to learning. Also called “tactile” learners, these learners experience their world and process information through touch, feel and movement. Instead of gleaning information from a book, or listen to a lecture, they’d much rather construct and physically work their way through course material.
If this describes your young learner, get them involved and moving around! Memorizing new tasks and concepts through muscle memory, games, and even things like dance are all great ways to reach tactile learners.

Reading/Writing Learners
This learning style can mirror visual learning style; however, these learners strongly cater to reading material, looking up information and are very often good at taking notes or writing down their own memory aids. This is the learner who is more interested in a book or looking up a website instead of listening to a task being explained or physically work through an assignment.
These learners are frequently insatiable readers and often enjoy writing stories to explain the world around them. If this is your young learner, appropriate reading level books and looking up information online, with parental guidance, are easy ways to help this young mind absorb information.

CoStars
CoStars by The Children’s Home provides caring, collaborative and family-oriented preschool education for your young learner. These specially trained men and women excel at discovering the preferred learning style in every young learner and how best to develop his or her young mind for success. Our staff partners with parents to ensure the best academic roadmap for their child.
CoStars hours are 7 a.m. – 6 p.m., Mon. – Fri; accepts child care vouchers and is an approved Preschool Promise Provider.